

Kaw Valley USD 321 Wellness

Did you know?

Kaw Valley USD 321 has a wellness policy and a wellness committee. Wellness encompasses nutrition education, physical activity, personal wellness, and lifestyle change.

Below is a list of current activities that Kaw Valley is utilizing to promote wellness.

Elementary Teachers lead their students to take brain breaks throughout the day!

Fresh Fruit and Vegetable Bars have been installed in the lunchrooms for all students K-12 as well as staff. These bars offer a variety of fruits and vegetables each and every day.

My Plate Nutrition education is currently being used in Kindergarten and 4th grades.

Early Morning walkers is in place on Tuesday and Thursday mornings to get children 3-6 grade more physically active and walking.

The food service department is working with local farmers to purchase locally grown produce when it is in season.